Frequently asked questions and answers you can use when responding to questions on social media

What is lupus?
A: A chronic autoimmune disease that attacks healthy tissue. Check out befiercetakecontrol.org.

How is lupus diagnosed?
A: Doctors look at your symptom history, conduct a physical exam, and conduct a series of lab tests for a diagnosis. Check out befiercetakecontrol.org.

A: A rheumatologist, a doctor that specializes in autoimmune diseases, is often involved in the diagnosis. Check out befiercetakecontrol.org.

What are the most common symptoms of lupus?
A: Painful or swollen joints, rashes across the nose and cheeks, and extreme exhaustion that lasts for weeks. Check out befiercetakecontrol.org.

Why is it hard to diagnose lupus?
A: Symptoms may come and go, so it’s important to keep track. Check out befiercetakecontrol.org.

A: Lupus is “the great imitator” because the signs and symptoms are similar to other diseases. Check out befiercetakecontrol.org.

How do I prepare for a doctor’s appointment?
A: Use the Patient-Physician Dialogue Tool from The Lupus Initiative site: thelupusinitiative.org.

A: Track your symptoms in a log, take pictures of rashes and other symptoms to show your doctor what’s going on. Check out befiercetakecontrol.org.

A: Be detailed and accurate when talking to your doctor. Check out befiercetakecontrol.org.

What resources are available for someone who may be experiencing signs and symptoms of lupus?
A: Share the lupus awareness campaign with friends and family at befiercetakecontrol.org.

A: Check out befiercetakecontrol.org and thelupusinitiative.org.

What are some tips of good ways to cope with lupus?
A: Build a support network of family and friends. Check out befiercetakecontrol.org.